



## Girls Swimming & Diving: South goes 2-0 to start the season

*Cougars easily defeat Austin; Edge Burnsville to go 1-0 in the South Suburban*

Lakeville South started their 2012 season with a non-conference dual win in Austin against the Packers on Friday, August 24<sup>th</sup>. The Cougars dominated the meet winning all 3 relay races, and winning 5 individual events along the way. Shea Bougie led the balanced attack winning the 200 Freestyle and 100 Butterfly events. Jenna Gruber (200 IM), Jackie Johnson (50 Freestyle) and Carrie Schrock (500 Freestyle) also contributed 1<sup>st</sup> place swims. Head Coach Rick Ringeisen also noted strong swims from Bailee Jackson, Rachel Streit, Taylor Perko and Lindsay Ewings and was pleased with his team's effort. "The girls took care of business, and I thought swam very strong for the 1<sup>st</sup> meet of the year," noted Ringeisen. "I was very impressed with our individual and relay wins, a good team win across the board."

The Burnsville Blaze entered the Kenwood Trail Middle School on Thursday, August 30<sup>th</sup> ready to challenge the Cougars. The Blaze had all cylinders firing with the help of two of the better swimmers in the state, Anna Elling and Angela Le leading the way. All night the races and the meet score were close. The meet came down to the very last relay event where the Cougars needed to win the final event to earn the victory. As the teams came to the finish, Burnsville pressed hard and appeared to have the winning relay. However, a Burnsville relay disqualification gave the Cougars the team victory. Coach Ringeisen noted: "Every race and every place can make or break a meet. The team competed very hard, never gave up and pressed to the very end to win the meet. I'm very proud of how the girls gave it all they had. It reinforces that we have to battle at every start, turn and finish in order to take on good swim teams like Burnsville. They really came after us and I thought both teams swam outstanding."



Carrie Schrock was the lone individual winner for the Cougars, notching a 1<sup>st</sup> place finish in the 100 Freestyle. The Cougar 200 Freestyle and 400 Freestyle relays also came to the wall with leading finishes while Mikayla DePauw scored a very crucial 1<sup>st</sup> place finish on the diving platform to help the team cause. The Cougars used their depth to battle the Blaze and had excellent swims from Bailee Jackson, Shea Bougie, Rachel Streit, Jaimie McNamee, Jackie Johnson, Jarin Simpson, and Lindsay Ewings. Next up for the Cougars is a visit to Bloomington Jefferson to compete against the Jaguars on Thursday, September 6<sup>th</sup>.

### South Suburban Standings

Lakeville South	1-0
Apple Valley	1-0
Eastview	1-0
Prior Lake	1-0
Lakeville North	0-1
Burnsville	0-1
Bloom Jefferson	0-1
Bloom Kennedy	0-1
Rosemount	0-0
Eagan	0-0